



Secure attachments
Robust learners • Building futures



Your Space Therapies are pleased to present a Therapeutic Parenting Course in Sussex.

We are a counselling and play therapy service that work holistically with schools, parents and professionals supporting vulnerable children. We help children and their communities to have good mental health, resilience to learn and be the best they can be.



Boosting the Bond for the BEST relationship with your child



Wednesday 5th february 2020 6-8pm

£20 per ticket. Capacity 40.



Your Space Therapies are offering a unique and down-to-earth course for parents and carers providing practical ways to have the best relationship with their children. The course will offer an overview of children's emotional brain development and offer practical strategies and theraplay games to develop strong emotional bonds and help parents therapeutically manage children's anxiety or challenging behaviours.

To book please email bookings@yourspacetherapies.org

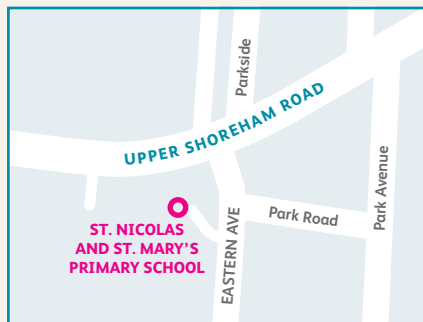
43% of delegates
who have attended
Your Space Therapies
trainings have rated
them 'excellent'.

"This course really helped
me think about why my
children behave the way
they do and now I have
practical ways to help"

"Now I have helpful
ways to respond
when my children
are angry or upset"

"I loved
learning the
therapeutic
games"

"Learning about children's emotional
brain development was fascinating"



Venue:

**St. Nicolas and St. Mary's Primary School,
Eastern Avenue, Shoreham-by-Sea,
West Sussex, BN43 6PE**

Did you know . . . Your Space Therapies
can also provide bespoke parenting consultations as
well as various therapies? To enquire please contact

info@yourspacetherapies.org

Tel: **01903 209991**

www.yourspacetherapies.org